



OPENING REMARKS

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U.S. Department of Health and Human



National Pain Strategy

A Comprehensive Population Health Level Strategy for Pain

NPS Report Co-Chairs

Sean Mackey, MD

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Population Research

Michael Von Korff, ScD

Ann Scher, PhD

Service Delivery and Payment

Robert Kerns, PhD

Mark Wallace

Disparities

Carmen Green, MD

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Professional Education

Rollin Gallagher, MD

James Rathmell, MD

Prevention and Care

Sean Mackey, MD

Daniel Carr, MD

Public Awareness

Penney Cowan

Linda Harris, PhD

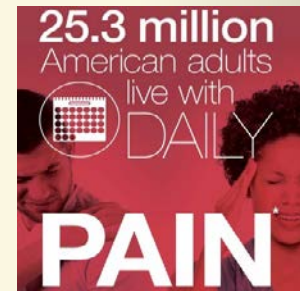
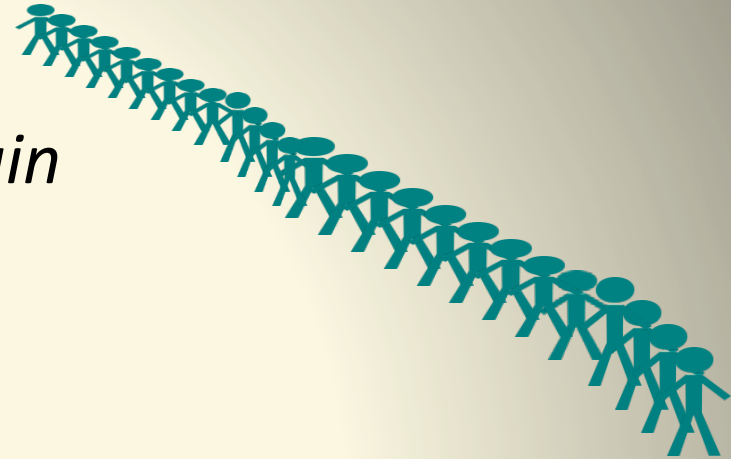
A Public Health Crisis

100 million American adults report pain

40 million (17%) have severe pain

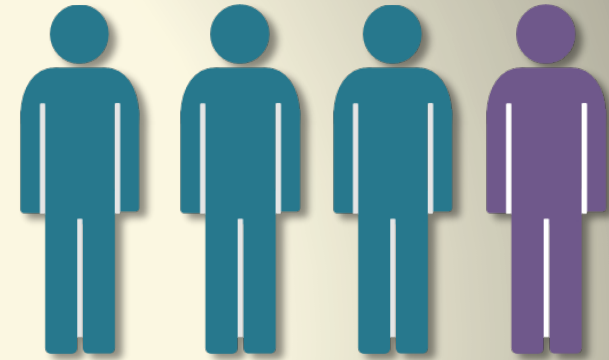
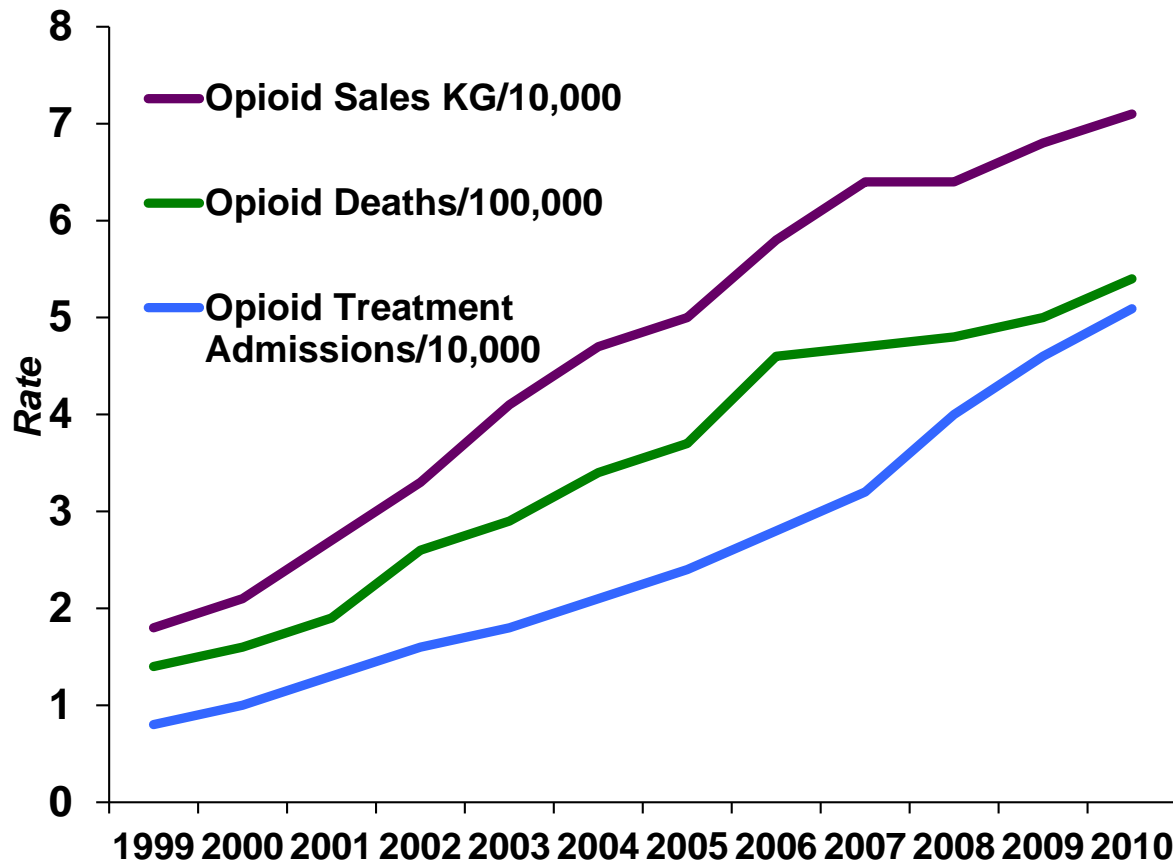
25 million (11%) people report daily pain

8 million (4%) pain interferes with lifestyle



More Research?

Unintended Consequences of Pain Care



3 of 4 people who
used heroin in the
past year took Rx
opioids first

More Research?



Who lives with pain?

28% joint pain (20+)

26% LBP (20+)

22% arthritis(20+)

14% neuropathy (40+)

13% neck pain (20+)

12-22% headache (20+)

More Research?

Where do we care for pain?



joint pain

11 million

low back pain

7 million

headache

11 million



joint pain

1.5 million

low back pain

1.5million

headache

3.3 million



joint pain

1.1 million

170 thousand

low back pain

762 thousand

227 thousand

headache

1 million

445 thousand

More Research?

How do we care for pain?

27% of adults with joint, low back, or neck pain, or severe headaches used prescription pain relievers in the past month.

22% of adults with joint, low back, or neck pain, or severe headaches used non-prescription analgesics or non-opioid prescription analgesics daily for > month.



More Research?

What are we doing wrong?

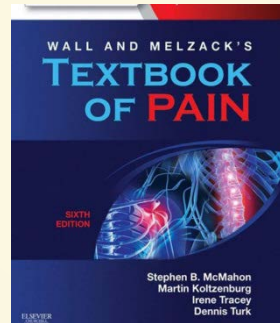
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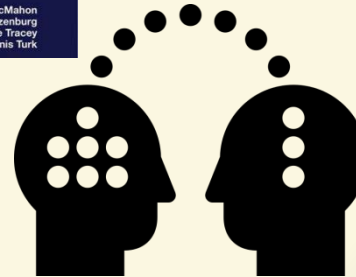
Payment



Education



Awareness



Evidence





National Pain Strategy

A Comprehensive Population Health Level Strategy for Pain


The Interagency Pain Research Coordinating Committee

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Implementation of the National Pain Strategy

The Office of the Assistant Secretary for Health, in partnership with the National Institutes of Health and other U.S. Government agencies and departments has developed an implementation and evaluation plan.

Structure:
The objectives of the National Pain Strategy (NPS) will be implemented through achieving its discrete deliverables with the support of federal stakeholders and advice from external stakeholders.

Principals' Coordinating Council

Heads of Federal Stakeholder Agencies



Implementation Steering Committee

Representatives of Federal Stakeholder Agencies



Implementation Work Groups


Representatives of Federal Stakeholder Agencies



National Pain Strategy Updates Deliverables:

NIH Pain Consortium CoEPes Training Modules

- Develop case based pain care modules at Centers of Excellence
- Evaluate tools through inclusion in provider curricula
- Provide an on-line portal for open access to these & other educational resources

Pain Management Core Competencies for Pre-licensure Clinical Education

- 2012 summit: 30 professions
- Experts in pain management, education science, curriculum development
- Consensus on competencies in 4 domains: biopsychosocial mechanisms, assessment, management, context of pain

Fishman et al, Pain Med. 2013 Jul;14(7):971-81

Validated screening tool to gather information on prevalence and burden of high impact chronic pain.

United States National Pain Strategy for Population Research:
Concepts, Definitions & Pilot Data: Von Korff et al. The Journal of Pain

2016- 2017 National Health Interview Survey Questions high impact chronic pain

1. In the past six months, how often did you have pain?

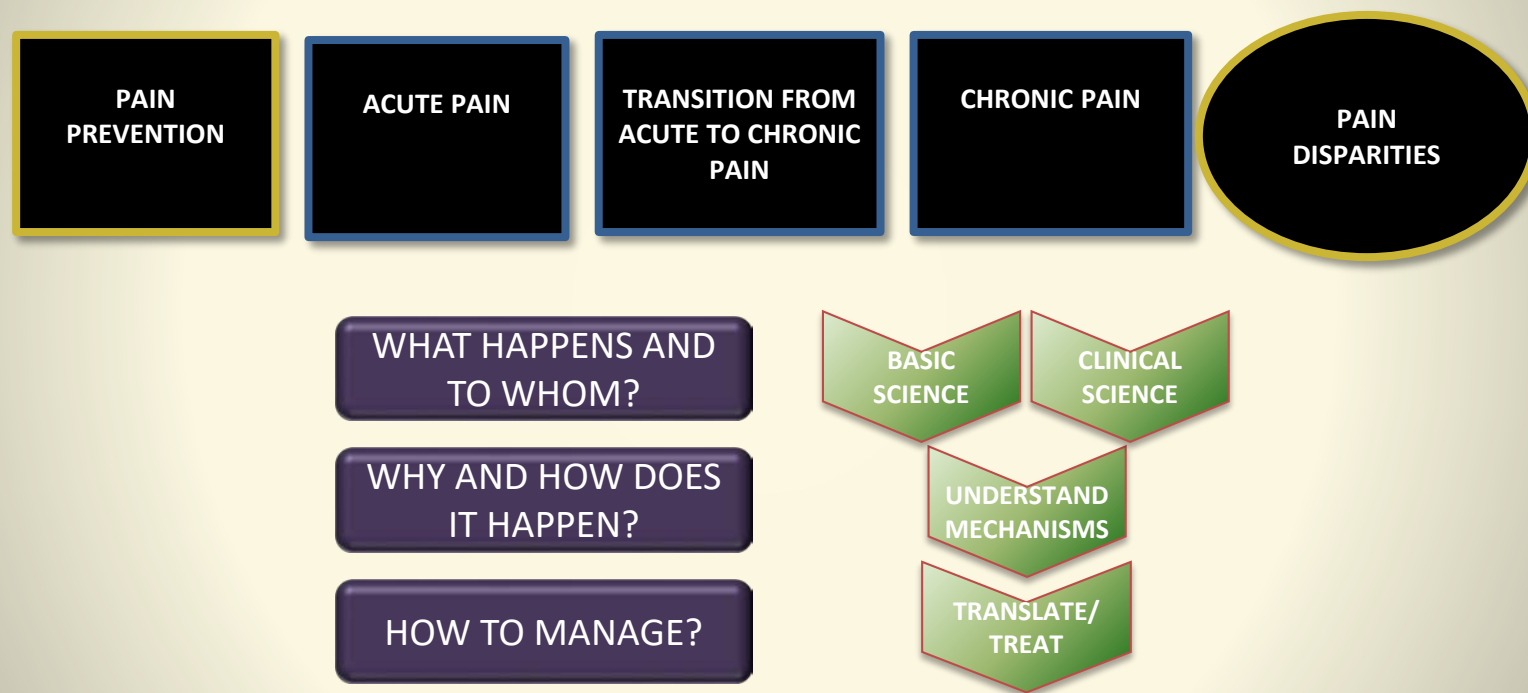
Never Some days Most days Every day
[concept: chronic vs non-chronic pain]

2. Over the past six months, how often did pain limit your life or work activities?

Never Some days Most days Every day
[concept: low and high impact pain]

Federal Pain Research Strategy

A long term strategy to enhance the federal pain research agenda



Federal Pain Research Strategy

Cross- Cutting Themes

- Novel drugs and non-pharmacological treatments for pain
- Screening tools and outcome measures for assessments across the continuum of pain
- National registries, datasets & research networks
- Effective models of care delivery for pain management
- Precision medicine methodology to prevent and treat pain

Federal Pain Research Strategy

Public Comment Period on the Federal Pain Research Priorities
June 1, 2017

NIH Campus

Natcher Auditorium

12:45 pm – 3:30 pm

For more information see: <https://iprcc.nih.gov/FPRS/FPRS.htm>

