



IMPLEMENTATION OF THE NATIONAL PAIN STRATEGY LISTENING SESSION

May 22, 2017



WELCOME

Dr. Thomas Novotny

Office of the Assistant Secretary for Health

U.S. Department of Health and Human Services

Staff Divisions
Oversee, guide, train and
monitor

IOS	CFBNP
ASA	DAB
ASFR	OCR
ASGA	OGC
ASH	OIG
ASL	IEA
ASPE	OMHA
ASPR	ONC
ASPA	



Thomas Price M.D.
Secretary of Health and
Human Services

Operating Divisions
Administer services and
conduct research

ACF	FDA
ACL	HRSA
AHRQ	IHS
ATSDR	NIH
CDC	SAMHSA
CMS	

"...to enhance the health and well-being of Americans by providing for effective health and human services and by fostering sound, sustained advances in the sciences underlying medicine, public health, and social services."

OASH oversees 12 core public health offices, including the Office of the Surgeon General, and the US Public Health Service Commission Corps, as well as 10 regional health offices, and 13 presidential and secretarial advisory committees.

12 Public Health Offices:

- Office of the Surgeon General
- Office on Women's Health
- Office on Minority Health
- Office of Adolescent Health
- Office of Population Affairs
- Office of Disease Prevention and Health Promotion
- Office of HIV/AIDS and Infectious Disease Policy
- Office of Research Integrity
- Office of Human Research Protections
- Presidential Commission for the Study of Bioethical Issues
- President's Council on Fitness Sports and Nutrition
- National Vaccine Program Office
- Immediate Office (**DASH SM**)



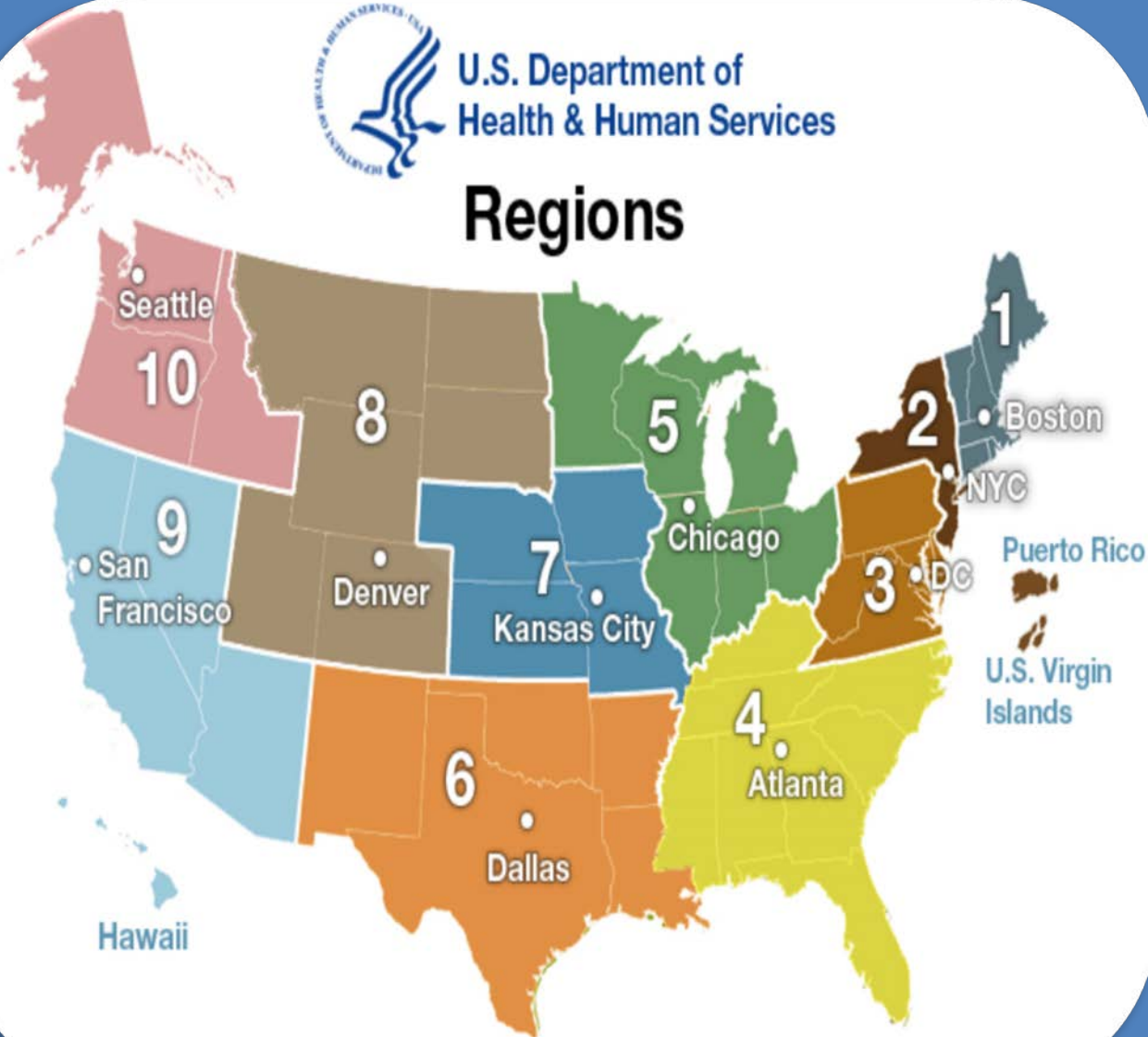
13 Advisory Committees:

- 2018 Physical Activity Guidelines
- Advisory Committee on Blood and Tissue Safety and Availability
- Advisory Committee on Minority Health
- Advisory Group on Prevention, Health Promotion, and Integrative and Public Health
- Chronic Fatigue Syndrome Advisory Committee
- Dietary Guidelines Advisory Committee 2015
- National Vaccine Advisory Committee
- President's Council on Fitness, Sports, and Nutrition
- Presidential Advisory Council on Combating Antibiotic-Resistant Bacteria
- Presidential Advisory Council on HIV/AIDS
- Presidential Commission for the Study of Bioethical Issues
- Secretary's Advisory Committee on Human Research Protections
- Secretary's Healthy People 2030 Advisory Committee



U.S. Department of
Health & Human Services

Regions



HHS Regional Offices

Health Objectives for the Nation

- Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death
- Achieve health equity, eliminate disparities, and improve the health of all groups
- Create social and physical environments that promote good health for all
- Promote quality of life, healthy development, and healthy behaviors across all life stages



The Opioid Initiative

Opioid Abuse in the U.S. and HHS Actions to Address Opioid-Drug Related Overdoses and Deaths

- Improving opioid prescribing practices to reduce opioid disorder and overdose
- Expanding use and distribution of naloxone to treat opioid overdoses
- Expanding medication-assisted treatment to reduce opioid use disorders and overdose

Balancing Care and Risks

“Pain- It has no future but itself”

Emily Dickinson



“Improving the way opioids are prescribed can ensure patients have access to safer, more effective chronic pain treatment while reducing the number of people who misuse, abuse, or overdose from these powerful drugs.”



“Any policy in this area must strike a balance between our desire to minimize abuse of prescription drugs and the need to ensure access for their legitimate use.”





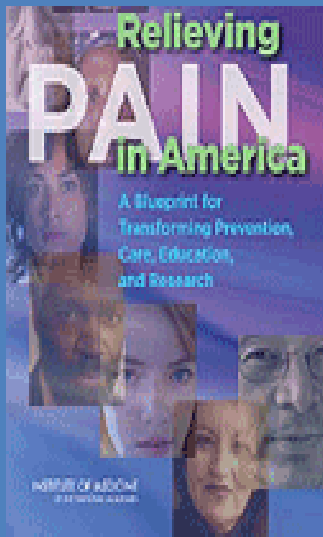
National Pain Strategy

A Comprehensive Population Health Level Strategy for Pain



The Interagency Pain Research Coordinating Committee

- *Assigned October 2012*
- *Draft submitted October 2014*
- *Public comment May 2015*
- *HHS approval and Roll out of NPS March 2016*
- *Implementation to date*



The government's first broad-ranging effort to improve how pain is perceived, assessed, and treated



National Pain Strategy

A Comprehensive Population Health Level Strategy for Pain

The National Pain Strategy (NPS) describes achievable objectives to reduce the population and individual burden of pain.

It calls for:

- **Improved access** to a system of care to meet the biopsychosocial needs of people suffering from chronic pain,
- Better understanding of the complexity of pain,
- Integrated, cost beneficial, and evidence-based individual pain prevention and care models.



National Pain Strategy

A Comprehensive Population Health Level Strategy for Pain

Progress on NPS Objectives

- **Population Research and Evaluation**
 - Screening tool for high impact chronic pain
 - Healthy People 2020 objectives on high impact chronic pain
 - National Health Interview Survey questions on high impact chronic pain at the population level
- **Professional Education**
 - Curriculum resources for health professions training
 - Core competencies on pain
- **Public Education**
 - Pathways to Safer Opioid Use
 - Surgeon General's Report On Addiction



Four Developmental Objectives for Pain

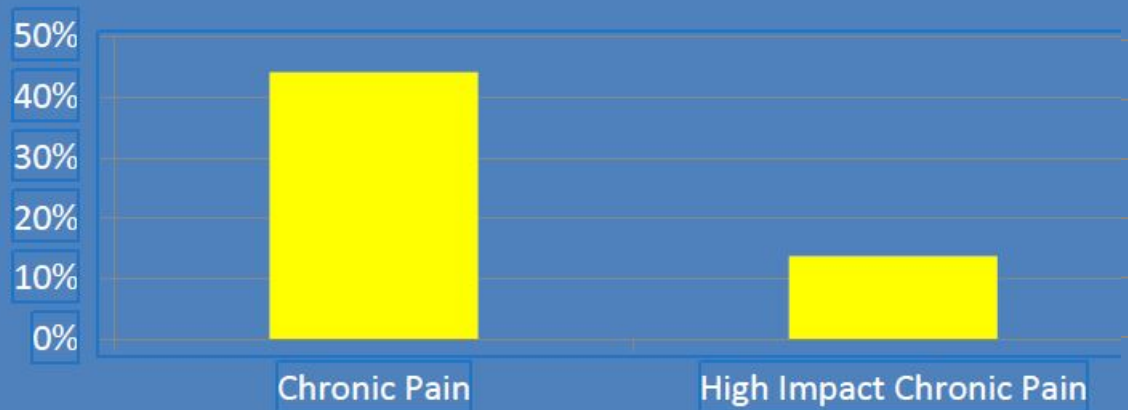
1. **Decrease the prevalence of adults with high impact chronic pain**
2. Increase public awareness/knowledge of high impact chronic pain
3. Increase self-management of high impact chronic pain
4. Reduce impact of high impact chronic pain on family/significant others

NPS Survey Tool to Assess High Impact Chronic Pain

High impact chronic pain (NPS) is defined as substantial participation restrictions in work, social, and self-care activities lasting six months or more.

1. Over the past six months, have you had pain on at least half the days?
2. Over the past six months, how much has pain interfered with your life activities?
3. Over the past six months, how often did pain limit your life or work activities, including household chores?

Adults with High Impact Chronic Pain



NPS and the Community

OASH and the National Institute for Neurological Diseases and Stroke (NIH) are coordinating outreach and dissemination

❖ *Communication*

- Materials and information for federal and private stakeholders

❖ *Biannual updates to external partners*

- Feedback and advice
- Stakeholder commitments and communications
- Dissemination of NPS products

Welcome to the Listening Session!

Thomas E. Novotny, MD MPH

Thomas.novotny@hhs.gov

Office of the Assistant Secretary for Health

HHS Listening Session

May 11, 2017

MEETING OVERVIEW

Ms. Alicia Richmond Scott

Office of the Assistant Secretary for Health

U.S. Department of Health and Human

Meeting Purpose and Charge

Purpose

- Share information about NPS implementation activities
- Hear about external partner activities in implementing the NPS
- Discuss barriers, gaps and new strategies for implementing the NPS

Charge

- Actively participate

